

HEATHER SCHILLINGER

BEHAVIORAL CONSULTANT

Self-driven, aspiring researcher with stern dedication and an advocate's mentality. Continuously engaged in writing, reading, and research. Engages with a connector communication style, which is personal and interactive. It is my understanding that, having the ability to hear individuals as they need to be heard is a key factor in good consultation. I am extremely dedicated to always doing better the next day.

EDUCATION

- 01/2019 – 04/2021 **Master of Science in Psychology**, Concentration in General Psychology. Purdue University Global; *Online, GPA: 4.0*
- 09/2016 – 08/2018 **Bachelor of Science in Psychology**, Concentration in Addiction. Trine University; *Fort Wayne, IN, GPA: 3.91*
- 03/2013 – 05/2016 **Associate of Science in Human Services**. Ivy Tech Community College; *Fort Wayne, IN, GPA: 3.49*
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WORK EXPERIENCE

- 2024 – Present **Regional Director**; *Supportive Behavior Services (SBS)*
- 2021 – Present **Owner, Behavioral Consultant**; *Behavioral Consultation Services, LLC*
- Childcare Facility Consultation: Provide observation services, develop functional assessments and behavior support plans to help staff better manage maladaptive behaviors. Provide all staff trainings.
 - Provide In-Home Services: Provide observation services, develop functional behavior assessments, develop behavior support plans, train individuals utilizing plans, provide continuation of services comprised of skills training/building.
- 2021 – Present **Independent Contractor; Behavior Consultant, Waiver Services**
- 2023 – Present: *Supportive Behavior Services (SBS)*
- 2021 – 2023: *Easterseals ARC of Northeast Indiana (ESARC)*
- 2019 – 2019 **Registered Behavioral Technician**; *Fort Wayne Autism Center/Bierman ABA*
- 2017 – 2019 **Skills Coach Mentor**; *Otis R. Bowen Center*
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SUPERVISION EXPERIENCE

- 02/2024 – Present **Regional Director**; *Supportive Behavior Services (SBS)*
- 01/2023 – 07/2023 **Practicum Supervisor for Individual Receiving a MSW**; *Ball State University*
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LEADERSHIP EXPERIENCE/DEVELOPMENT

- 12/2024 – Present **Board Intern**; *Mental Health America Northeast Indiana (MHANI)*
- 12/2024 – Present **The Journey Fellowship**; *Indiana Youth Service Association (IYSA)*

01/2024 – 10/2024 **Leadership Fort Wayne**; *Greater Fort Wayne (GFW)*
04/2023 – 11/2023 **The Leadership Academy**; *The Inclusion Institute*
06/2017 – 12/2017 **National Society of Leadership & Success**; *Trine University*

TRAINING/CERTIFICATIONS

09/2020 **The Collaborative Institutional Training Initiative (CITI Program)**
03/2019 – 03/2021 **Registered Behavioral Technician (RBT)**; *Indiana Board Certification*
12/2017 **Foundations of Leadership Certificate 1 & 2**; *National Society of Leadership & Success*
2016 **Suicide Interventionist Certification**; *American Foundation for Suicide Prevention*

COMMUNITY SERVICE & OUTREACH/GOVERNANCE & ADVISORY ROLES

42 hours, *ongoing* **Pro Bono Work and Advocacy**; *Behavioral Management, School (IEP) Student Advocacy*
12/2024 – Present **Guardian Advisory Committee**; *Mental Health America Northeast Indiana (MHANI)*
10/2024 – Present **Training Subcommittee**; *Indiana Behavior Association (IBA)*
12/2023 – Present **Human Rights Committee (HRC) Member**; *Indiana Behavior Association (IBA)*
12/2023 – 12/2024 **Community Outreach Committee Member**; *Fort Wayne Trails*
06/2023 – 10/2023 **Human Rights Committee (HRC) Board Member**; *Easterseals ARC of Northeast Indiana*
2022, 2023 **Volunteer Youth Soccer Coach**; *YMCA*
08/2022 **Co-Found of Fort Wayne Women for Good**; *Grapevine Giving Circle*
2022 **Event Volunteer**; *Planned Parenthood*

PROFESSIONAL SERVICES

2024 **Social-Emotional Learning in Early Childhood**; Presentation, Breakout Session, Indiana Association for the Education of Young Children (INAEYC) Annual Conference
2022 **Working With Behavior**; Presentation, Breakout Session, Indiana Association for the Education of Young Children (INAEYC) Annual Conference

Presentation trainings for company staff (interactive):

- Working with Maladaptive Behavior
- Understanding the “Why” Behind Problem Behavior
- Emotion & PTSD in Individuals with ID/D
- Trauma-Informed Care
- Classroom/Behavioral Management in Childcare Facilities
- Specific Interventions Based on Function of Behaviors, Motivation of Behaviors, and Age

PUBLICATIONS

2021 **Personality Traits and COVID-19: The Effect Personality Traits Have on One’s Health Beliefs, Preventative Behaviors, and Perceived Threat.**
Author: Heather R. A. Schillinger; ProQuest Dissertations Publishing, 2519029567

The effect personality traits have on one's health beliefs, preventative behaviors, and perceived threat in relation to COVID-19; emphasizing the Dark Triad.

HONORS

- 09/2020 **The International Honor Society in Psychology (Psi Chi)**; Purdue University Global. *Inducted in recognition of outstanding scholastic achievement and excellence.*
- 12/2017 **The National Society of Leadership and Success (Sigma Alpha Pi)**; Trine University. *Selected by campus administration to participate among top students in a leadership program.*
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ORGANIZATIONS

- 12/2024 – Present **The Journey Fellowship, Indiana Youth Service Association (IYSA)**; *Member, 21st Cohort*
- 01/2024 – Present **Leadership Fort Wayne, Greater Fort Wayne**; *Member, Cohort 42*
- 12/2023 – Present **Indiana Behavior Association (IBA)**; *HRC member, Association member*
- 11/2023 – Present **Fort Wayne Trails**; *Community Outreach Committee Member*
- 03/2023 – Present **The League of the Blind and Disabled, The Inclusion Institute**; *Disability Advocacy*
- 07/2021 – Present **Association for Psychological Science (APS)**; *Member*
- 07/2021 – Present **Society for Community Research and Action**; *Member*
- 07/2021 – 12/2023 **Indiana Association of Behavioral Consultants (INABC)**; *Member*
- 03/2021 – Present **American Psychological Association (APA)**; *Member*
- 03/2021 – Present **ORCID**; *<https://orcid.org/0000-0003-1020-9935>*